

# Provide safe and inclusive health care for people with intellectual disability



### PEOPLE WITH INTELLECTUAL DISABILITY EXPERIENCE

- Higher mortality rates
- Lack of health prevention and promotion
- Discrimination and diagnostic overshadowing
- Inappropriate psychotropic prescribing

#### For a better way to care...



#### Plan with me

Plan for reasonable adjustments for a safer and higher quality of health care.

## Understand me Know what is usual for me so health care I need.

Know what is usual for me so you can work out what health care I need.

# Communicate with me Talk with me and include me in conversations about my diagnosis and treatment. Know my capacity and my right to be supported in making decisions about my health care.

Act with me
Follow up on test results and treat my health issues.

Don't assume my symptoms illness or disease are n

Follow up on test results and treat my health issues. Don't assume my symptoms, illness or disease are part of my disability.



